

**What you should know about Nu-Seals 75 Gastro-resistant Tablets (Aspirin)**

Please read this leaflet carefully before you start to take your tablets. It does not contain all the information about your tablets that you may need to know, so please ask your doctor or pharmacist if you have any questions. This leaflet only applies to Nu-Seals 75.

**What is in your tablets?**

Your medicine is called Nu-Seals 75 (Aspirin). Its active ingredient is aspirin (acetylsalicylic acid). Each gastro-resistant tablet of Nu-Seals 75 contains 75 mg of aspirin. The tablets also contain the inactive ingredients maize starch, hypromellose, talc, methacrylic acid-ethyl acrylate (1:1) copolymer dispersion 30 percent, polyethylene glycol 3350, propylene glycol, benzyl alcohol, emulsion silicone, and edible printing ink based on shellac and ponceau 4R(E124 red and purified water). Nu-Seals 75 is a white tablet, with 75 on it in red. Nu-Seals 75 comes in blister packs of 56 tablets per box tablets. Nu-Seals 75 is one of a group of medicines called anti-platelet agents. Platelets are tiny cells in the blood that cause the blood to clot and are involved in thrombosis.

Nu-Seals 75 can help to prevent further heart attacks (myocardial infarcts), unstable angina (a type of chest pain), or mini-strokes (ischaemic strokes including cerebral transient attacks, which are some type of strokes caused by blood clots in the brain) by helping to prevent blood clots forming.

Nu-Seals 75 is made by Channele Medical Limited, Loughrea, Co. Galway, Ireland. The Marketing Authorisation Holder is Phadisco Ltd, 169 Limassol Avenue, CY-2235 Latsia, Cyprus.

**Why Nu-Seals 75?**

Nu-Seals 75 helps patients with heart problems such as heart attacks, angina or mini-strokes when it is taken regularly.

**If you take aspirin in high doses over a long period of time, it can irritate the stomach lining. To prevent stomach irritation, these tablets have a special coating (called enteric) so that the aspirin is not released until it has passed through the stomach.**

Nu-Seals 75 is not suitable for the short-term relief of pain, such as headaches or toothache, because of the slow release of the aspirin.

**Contraindications**

**Do not take Nu-Seals 75 if you ever had:**

- \* A cerebral haemorrhage (bleeding in your brain)
- \* An allergic reaction to aspirin or to any inactive ingredients (this may include an asthma attack, wheezing or coughing) or to a non-steroidal anti-inflammatory drug (NSAID). NSAIDs are often used for arthritis or rheumatism.
- \* A problem of your blood not clotting properly.
- \* An ulcer in your stomach or small intestine or inflammatory bowel disease.

**Before taking your tablets Make sure it is safe for you to take Nu-Seals 75. If your answer YES to any of the following questions, tell your doctor or pharmacist.**

- \* Do you think you may be dehydrated? (You may feel thirsty with a dry mouth).
- \* Do you have trouble with your kidneys or liver or heart?
- \* Are you taking insulin or an oral hypoglycaemic to treat diabetes?
- \* Are you pregnant? It is best not to take aspirin for the last 3 months of pregnancy because a lot of aspirin in your blood may cause problems when you give birth.
- \* Are you breastfeeding? It is best not to take aspirin if you are breastfeeding because some of the aspirin may be in your breastmilk.
- \* Do you have high blood pressure?
- \* Are you already taking aspirin or any other medicine for arthritis?
- \* Do not take antacids (indigestion medicines) just before or after taking Nu-Seals 75 since they may cause the aspirin to be released too soon.
- \* Are you taking any other medicines, especially anticoagulants which are used to prevent blood clots forming, phenytoin, sodium valproate, probenecid or sulphonamides?

If you may be taking this medicine for a long time you should talk to your doctor about it.

**Nu-Seals 75 is not intended for children under 16 years of age.**

**Children face the risk of Reye's syndrome if they take aspirin. Reye's syndrome is a very rare disease that can be fatal.**

**Effects on ability to drive and use machines.**

None known

**Taking your tablets**

Take your medicine as your doctor has told you to. Check the label to see how many tablets to take and when to take them. You can also check the guide below. If you are still not sure how many tablets to take, ask your doctor or pharmacist.

**Doses**

**> "Anti-platelet" action (for people who have had heart attacks, angina or mini-strokes): for your first dose, your doctor will probably ask you to take two 75 mg tablets and chew them so that the aspirin works quickly.**

**After that the usual dose is one 75 mg tablet a day, but your doctor may tell you to take a higher dose.**

- \* Swallow the tablets whole with water. Do not cut, crush or chew them because this will destroy the coating which protects your stomach.
- \* If you miss a dose, wait and take it as your next dose. After that, just carry on as before.

**Overdose, Symptoms and Treatment**

Overdosage produces dizziness, tinnitus, sweating, nausea and vomiting, confusion and hyperventilation. Gross overdosage may lead to Central Nervous System depression with coma, cardiovascular collapse and respiratory depression.

If you or anyone else ever take too many tablets, contact your nearest hospital casualty department or tell your doctor immediately.

**While taking your tablets**

The special coating on Nu-Seals 75 is intended to stop the aspirin from irritating the stomach.

However, aspirin sometimes causes side-effects. The more common side-effects include:

- \* Hypertensitivity (which may mean you have skin rashes or itching, or wheezing, coughing or difficulty breathing)
- \* Nausea or vomiting.
- \* Ringing in your ears.

If you have these or any other side-effects, tell your doctor. He or she has more information and will tell you what to do.

Rarely, more serious side-effects may occur, such as blood in your vomit, black-looking stools or kidney stones. If you have these side-effects, or others, **stop taking the tablets** and tell your doctor. He or she has more information and will tell you what to do.

**How to store your tablets**

- \* Do not take any of the tablets after the "Use Before" date.
- \* Do not keep your tablets above 25° C. Keep them in the sealed packing strip that they come in, in a safe place and where children cannot see or reach them. Your tablets could harm them.
- \* If you have any tablets left over, we suggest that you take them back to the pharmacist who will dispose of them safely.
- \* If the appearance of the tablets has changed in any way, do not take the tablet.

Remember: This medicine is for you. Never give it to anyone else. It may harm them, even if their symptoms are the same as yours.

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